

CURRICULUM VITAE

Nicole Perez, PhD, RN, PMHNP- BC

Personal Data

BUSINESS ADDRESS:
College of Nursing
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Nursing Licensure

State	Type	License #	Status	Expiration
NY	Registered Nurse	735801	Active	10/2025
NY	Nurse Practitioner in Psychiatry	402331	Active	10/2025

Certifications

Entity	Specialty	Certification #	Credential	Expiration
ANCC	Psychiatric Mental Health Nurse Practitioner	2014028646	PMHNP-BC	03/2030

Education

Degree	Year	Institution	Major Area of Study
PhD	2021	New York University, Rory Meyers College of Nursing New York, NY	Precision Health
MSN	2014	University of Florida, College of Nursing Gainesville, FL	Psychiatric Mental Health Nursing
BSN	2010	University of Florida College of Nursing Gainesville, FL	Professional Nursing

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PROFESSIONAL EXPERIENCE**Research**

Years	Institution	Title
2023-present	New York University College of Nursing New York, NY	Assistant Professor of Nursing, Tenure Track
2021-2023	New York University College of Nursing New York, NY	Postdoctoral Associate, P20 Center Pilot 5 Principal Investigator P20 Center for Precision Health in Diverse Populations; PI: Gail D'Eramo Melkus, EdD, ANP, FAAN P20NR018075
2019-2020	New York University College of Nursing New York, NY	Research Assistant P20 Center Pilot 1 Pilot PI: Susan Malone, PhD P20NR018075
2018-2019	New York University College of Nursing New York, NY	Research Assistant Mindfulness Based Stress Reduction (MBSR) in Trial Study PI: John Merriman, PhD, RN R00NR015473

Teaching

Years	Institution	Title
2024, 2025	Yale University School of Nursing	Guest Lecturer NURSE 60400 Research Methods and Statistics for Evidence Based Practice
2024	New York University College of Nursing New York, NY	Guest Lecturer NURSE-GN 3357 Writing a Successful Research Grant
2022-2025	New York University College of Nursing New York, NY	Guest Lecturer NURSE-GN 3818 Genetics and Genomics for Health Care

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2021	New York University College of Nursing New York, NY	Undergraduate Adjunct Clinical Faculty NURSE-UN 241 Psychiatric Mental Health Nursing
2020, 2024	New York University College of Nursing New York, NY	Guest Lecturer NURSE-GN 3353 Knowledge Appraisal
2019-2021	New York University College of Nursing New York, NY	Graduate Adjunct Clinical Faculty NURSE-GN 2303 Research in Nursing
2019	New York University College of Nursing New York, NY	Graduate Adjunct Clinical Faculty NURSE-GN 2041 Nursing Issues and Trends

Clinical Practice

Years	Institution	Title
2024-2025	SohoMD Outpatient Psychiatry and Telehealth New York, NY	Psychiatric Mental Health Nurse Practitioner Part-time
2019-2021	Project Renewal New Providence Women's Shelter, New York, NY	Psychiatric Mental Health Nurse Practitioner Part-time
2016-2017	Meridian Behavioral Healthcare, Outpatient Psychiatry and Telehealth Gainesville, FL	Psychiatric Mental Health Nurse Practitioner Full-time
2015-2016	Malcolm Randal VA Medical Center, Psychiatry Consult-Liaison Service and Mental Health Clinic Gainesville, FL	Psychiatric Mental Health Nurse Practitioner Full-time
2010-2015	UF Health Psychiatric Hospital, Nursing Department, Gainesville, FL	Charge Nurse- Intensive Psychiatric Unit Staff Nurse- Geriatric, Dual Diagnosis, Adult Psychiatric, Eating Disorders, Child/ Adolescent Units

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HONORS AND SCHOLARSHIPS

2025	Fellow of the New York Academy of Medicine
2021	NYU Rory Meyers College of Nursing Distinguished PhD Student Award
2020	Ellen D. Baer Scholarship
2020	American Psychiatric Nurses Association Board of Directors Scholarship
2020	Mount Sinai Hospital School of Nursing Alumnae Association Scholarship
2019	Pauline Greenridge Scholarship
2019	Fred Schmidt Scholarship Award
2019	Eastern Nurses Research Society, Second Place School Selected Poster
2017	Barbara Jonas Psychiatric Mental Health Nursing Scholar
2013	American Psychiatric Nurse Association, Second Place Practice Poster
2012	University of Florida Health Rose Rivers' Leadership Fellowship
2010	University of Florida, College of Nursing Excellence in Research Award

RESEARCH FUNDING**NIH Grants**

2025-2030	R01- National Institutes of Nursing Research. Co-Investigator. "The Epigenetic Embodiment of Social Determinants of Health for Black Sexual Minority Men Living with or at risk of HIV in the United States." Co-Investigator. (pending SRC) PI: Wilson Vincent.
2025-2030	R01- National Institutes of Health. Co-Investigator. "Collaborative Science to Achieve Disruptive Innovations in Dental, Oral, and Craniofacial (DOC) Research: The PPO-S Model" (pending SRC). PI: Chi Viet
2025-2029	P60AA032189- National Institute on Alcohol Abuse and Alcoholism. P60 Center for Alcohol/HIV Innovations and Biomarker Research. Pilot Principal Investigator. "The Dynamics of Epigenetic Aging and Associations with Alcohol Use and Mental Health among Women with HIV". (NOA pending). Award Total:~\$50,000. Center MPIs: Phyllis Tien, Judith Hahn.
2024-2029	K08MD019998- National Institutes on Minority Health and Health Disparities. Principal Investigator. "Reducing Disparities in Mental and Metabolic Health Among Predominantly Low-Income and Black and Hispanic Women with and without HIV". Mentors: Bradley Aouizerat, Robert Burk, Leah Rubin. Award Total: \$842,400.00

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- 2023-2028 K99MD019064- National Institutes on Minority Health and Health Disparities. Principal Investigator. “Reducing Disparities in Whole Health Among Predominantly Low-Income and Historically Minoritized Women with Type 2 Diabetes and Depression” (scored, not funded). Mentors: Bradley Aouizerat, Robert Burk, Leah Rubin. Amount Requested: \$1,109,664
- 2021-2023 P20NR018075- National Institute on Nursing Research. NYU Meyers P20 Center for Precision Health in Diverse Populations. Principal Investigator. “Depressive Symptom Phenotypes in Women with Type 2 Diabetes.” Award Total: \$100,000. Center PI/ Mentor: Gail D’Eramo Melkus.
- 2019- 2021 TL1TR001447- Clinical Translational Science Institute, NYU Langone. Principal Investigator. “Epigenetic Age and Depressive Symptoms in African American Women and Cardiometabolic Conditions.” Mentor / Sponsor: Jacquelyn Taylor.

Foundation Grants

- 2024-2025 New York Regional Center for Diabetes Translational Research. Principal Investigator. “Inflammatory DNAm Profiles of Depressive Symptoms among Black and Hispanic Women with Type 2 Diabetes: A Pilot Study. (scored, not funded). Amount Requested: \$50,000
- 2022-2023 Mental Health and Wellness Research Grant- International Society of Psychiatric Nurses Foundation. Principal Investigator. “Epigenetic and Inflammatory Profiles in Women with Type 2 Diabetes.” Mentor/ Sponsor: Bradley Aouizerat. Award Total: \$1,500
- 2020-2021 Research Grant Award- Sigma Theta Tau International Upsilon Chapter. Principal Investigator. “Epigenetic Age and Depressive Symptoms in African American Women with Cardiometabolic Conditions.” Mentor/ Sponsor: Allison Vorderstrasse. Award Total: \$1,000

PEER-REVIEWED PUBLICATIONS (data-based*; mentee+)

- ***Perez, N.**, K., Xu, Y., Lang, L., Anastos, K., Alcaide, M., Cohen, M., Shrestha, S., Edmonds, A., Meyers, J., Kessaye, S., Aouizerat, B., Rubin, L. (2025). Monocyte Epigenetic Age Acceleration is Linked to Non-Somatic Depressive Symptoms in Women with and Without HIV. *Biological Psychiatry* (under review).
- *Merriman, J., Asam, K., Conley, Y., Bender, K., Erickson, K., Bhagat, T., **Perez, N.**, Gormley, M., Mazor, M., Root J., Lindsay, E., Carr, K., Washington, A., Brown, M., Aouizerat, B.

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(2025) Mindfulness-Based Stress Reduction Enhances Neuroplasticity Through *AMIGO1* Upregulation and Notch Signaling in Postmenopausal Breast Cancer Survivors: Preliminary Mechanistic Insights from a Pilot Randomized Controlled Trial. *Brain Behavior and Immunity* (under review).

*+Perez, N., Gordillo Sierra P., Taylor, B., Fletcher, B. (2025). Selecting a Depression Measure for Research: A Critical Examination of Five Common Self-report Scales. *Journal of Affective Disorders*. (under review).

*Taylor, B., Zhao, Y., Perez, N., Potts-Thompson, Creber, R., Taylor, J., (2024). Epigenome-Wide Association Study of Depressive Symptoms in Black Women in the InterGen Study. *International Journal of Molecular Sciences* 25, 7681. <https://doi.org/10.3390/ijms25147681>.

*Perez, N., Melkus, G., Fletcher, J., Allen-Watts, K., Jones, D., Collins, L., Ramirez, C., Long, A., Cohen, M., Merenstein, D., Wilson, T., Sharma, A., Aouizerat, B. (2024). Heterogenous Depressive Symptom Trajectories Among Women with Types 2 Diabetes: A Growth Mixture Model Analysis from the Women's Interagency HIV Study. *Annals of Behavioral Medicine*. XX, 1-12. <https://doi.org/10.1093/abm/kaae080>.

*+Perez, N., He, N., Wright, F. Weiser, S., Aouizerat, B. (2024). Social Determinants of Inflammation Markers Linking Depression and Diabetes Among Women: A Scoping Review. *Journal of Psychosomatic Research*. 184, 111831. <https://doi.org/10.1016/j.jpsychores.2024.111831>.

*Malone S., Patterson, F., Grunin, L., Yu, G., Hu, J., Perez, N., Munroe, K., Dickson, V., Melkus, G. (2024). Racial Differences in Treatment Response to a Sleep Extension Intervention. *Nursing Research*. (under review).

Perez, N., Melkus, G. (2023). Taking Mental Health Seriously: What Are We Waiting For? *American Journal of Nursing*. 123(11). <https://doi.org/10.1097/01.NAJ.0000995292.48889.ed>

Perez, N., Melkus, G, Yu, G., Brown-Friday, J., Anastos A., Aouizerat, B. (2023). Study protocol using cohort data and latent variable modeling to guide sampling women with type 2 diabetes and depressive symptoms. *Nursing Research*. <https://doi.org/10.1097/NNR.0000000000000669>

*Perez, N., Melkus, G., Vorderstrasse, A., Wright, F., Yu, G., Sun, Y., Crusto, C., Taylor, J. (2023). Latent class analysis of depressive symptom phenotypes among Black/African American mothers. *Nursing Research*. [0:10.1097/NNR.0000000000000635, https://doi.org/10.1097/NNR.0000000000000635](https://doi.org/10.1097/NNR.0000000000000635)

*Perez, N., Vorderstrasse, A., Yu, G., Melkus, G., Wright, F., Ginsberg, S., Crusto, C., Sun, Y., Taylor, J. (2022). Associations between DNA methylation age acceleration, depressive

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symptoms, and cardiometabolic traits, in African American mothers from the InterGEN study*. *Epigenetics Insights*. 15, 25168657221109780.

<https://doi.org/10.1177/25168657221109781>

*Gonzalez-Mercado, V. J., Lim, J., Saligan, L. N., **Perez, N.**, Rodriguez, C., Bernabe, R., Ozorio, S., Pedro, E., Sepehri, F., & Aouizerat, B. (2021). Gut microbiota and depressive symptoms at the end of CRT for rectal cancer: A cross-sectional pilot study*. *Depression Research and Treatment*, 2021, e7967552. <https://doi.org/10.1155/2021/7967552>

***Perez, N.**, Lanier, Y., Squires, A. (2021). Inequities along the depression care cascade in African American women: An integrative review. *Issues in Mental Health Nursing*. 42(8), 720-729. <https://doi.org/10.1080/01612840.2020.1853289>

***Perez, N.**, Wright, F., & Vorderstrasse, A. (2021). A microbial relationship between irritable bowel syndrome and depressive symptoms. *Biological Research for Nursing*. 23(1), 50-64. <https://doi.org/10.1177/1099800420940787>

Perez, N., Dorsen, C., & Squires A. (2020). Dysbiosis of the gut microbiome: A concept analysis. *Journal of Holistic Nursing*. 38(2), 223-232. <https://doi.org/10.1177/0898010119879527>

MEDIA COVERAGE

Perez, Nicole. Interviewed by Dr. Eileen Sullivan-Marx. The Nurse Practitioner Show. Doctor Radio, SiriusXM, March 21, 2024.

Woodard, F. (July 24, 2023). Black women may have uncommon symptoms of depression | Here's what to know. [Television news segment]. In THV11 News. Little Rock, AK. <https://www.thv11.com/article/news/health/black-women-uncommon-symptom-depression/91-b9a0b2fe-ccd4-4694-afac-d031ebe19937>

Blackett, L. (2023, June 14). We Need to Talk About Black Women's Struggle with PMDD. *Refinery29*. <https://www.refinery29.com/en-gb/2023/06/11397300/pmdd-diagnosis-treatment-black-women>

Snipe, M. (2023, May 24). How Mental Illnesses Among Black Americans Goes Misdiagnosed. *Capital B*. <https://capitalbnews.org/mental-health-misdiagnosis/>

Perez, Nicole. Interviewed by Dr. Joseph E. Ravenell. Health Equity Now. Doctor Radio, SiriusXM, April 10, 2023.

Kashef, Z. (2023, March 17). 6+ Signs of Depression Doctors May Miss. *AARP Sisters*. <https://www.sistersletter.com/health/6-depression-signs-doctors-may-miss>

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- Clark, M. (2023, Feb 1). Depression signs may look different for Black women, a new study finds. *The Independent*. <https://www.independent.co.uk/life-style/health-and-families/depression-symptoms-black-women-study-b2273892.html>
- Payton, L. (2023, Jan 20). Depression shows up differently in Black women—and that could lead to underdiagnosis. Here are the major signs. *Fortune*. <https://fortune.com/well/2023/01/20/depression-in-black-women/>
- Fenley, N. (2023, Jan 13). New study explores how Black women experience depression differently. *The Shade Room*. <https://theshaderoom.com/new-study-black-women-experience-depression-differently/>
- Wilson, J. (2023, Jan 12). Here are the signs of depression in Black Women, according to a new study. *HuffPost*. https://www.huffpost.com/entry/depression-symptoms-black-women_1_63b73683e4b0cbfd55e7b6a9
- Yongo, S. (2022, Dec 29). Study shows that depression may look different in Black women. *21Ninety*. <https://21ninety.com/study-shows-that-depression-may-look-different-in-black-women>
- Murez, C. (2022, Dec 23). Women's depression symptoms may differ by race: Study. *Health Day*. <https://consumer.healthday.com/depression-2658957746.html>
- Johnson, A. (2022, Dec 14). New study confirms Black women's depression often goes undiagnosed. *The Root*. <https://www.theroot.com/new-study-confirms-black-womens-depression-often-goes-u-1849894639>

EDITORIALS AND COMMENTARIES

- Perez, N.** (2022, Sept 26). Choosing genetic testing: The science and patient experience. *American Nurse*. <https://www.myamericannurse.com/choosing-genetic-testing-the-science-and-patient-experience/>
- Perez, N.** (2020, June 18). A world without medicine. *The Cooper Square Review of Science, Medicine, and Technology*. <http://coopersquarereview.org/review/a-world-without-medicine/>
- Perez, N., Groom, L., Ghazal, L., Hamilton, F.** (2020, April 26). Protect your health-care workforce, NYC: Nurses' personal plea. *New York Daily News*. <https://www.nydailynews.com/opinion/ny-oped-protect-health-care-workforce-nyc-20200426-e5a6nrzyafcvpdemlgue7cy76y-story.html>

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PRESENTATIONS

Invited Talks

Perez, N. *Disentangling Depression in Women Living with HIV*. The Johns Hopkins University School of Medicine Joint NIMH Center Seminar Series. Baltimore, MD. Virtual Presentation. December 10th 2025.

Perez, N., *Toward Precision Mental Health: Theoretical, Methodological, and Ethical Considerations of Selecting Depression Measures for Research and Clinical Practice*. Stony Brook University School of Nursing. Stony Brook, NY. December 9th, 2025.

Perez, N. *Dietary Data Collection in MWCCS: Lessons Learned from an Exploratory Study of Diet and Depression*. Microbiome Working Group of the MACS/WIHS Combined Cohort Study. Albert Einstein College of Medicine. New York, NY. September 9th, 2025.

Perez, N. *Understanding Depression in Women with Type 2 Diabetes: Insights from the Women's Interagency HIV Study*. MACS/WIHS Combined Cohort Study Community Advisory Board, Oakland, CA, March 21, 2025.

Perez, N. *Revisiting Theoretical and Methodological Foundations of Depression Measurement*. Meyers Journal Club, NYU Rory Meyers College of Nursing, New York, NY. January 15, 2025.

Perez, N. *Demystifying the K*. Precision Health Research Collaborative (PHRC) Rory Meyers College of Nursing, New York, NY. December 9, 2024.

Perez, N. *Demystifying the Postdoc*. Doctoral Student Organization (DSO). Rory Meyers College of Nursing. Panel Presentation. New York, NY. June 17, 2024.

Perez, N. *Career Trajectory as a Nurse and Scientist*. NYU Brooklyn Science and Technical Education Pipeline Program for Students (STEPPS). NYU Brooklyn CTSI. Virtual Presentation. May 13, 2024.

Perez, N. (2023). *Stormy Weather: How Bias and Imprecision Perpetuate Disparities in Mental Health*. Region 14 Diversity, Equity, and Inclusion Committee Meeting, Sigma Theta Tau International Honor Society of Nursing. Virtual Presentation, October 18, 2023.

Perez, N. (2023). *Depressive Symptom Phenotypes in Women with Type 2 Diabetes*. P20 Center for Precision Health in Diverse Populations 5th Annual Scientific Symposium. New York University Rory Meyers College of Nursing. New York, NY. May 10, 2023.

Perez, N. (2023). *Disentangling Depression: A Data-Driven Analysis of Depressive Symptoms among Black Women*. Maternal Child Health Policy Meeting. Rhode Island Department of Health. Virtual Presentation. May 16th, 2023.

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- Perez, N.**, (2023). *Self-Care as Political Warfare: Nurturing our Individual and Collective Mental Health*. Panel Discussion. Conversations to Connect Speaker Series. Buckhead/Cascade City (GA) Chapter, The Links Incorporated. Virtual Presentation. April 27, 2023.
- Perez, N.**, (2022). *Accelerated Aging*. P20 Center for Precision Health in Diverse Populations Journal Club, NYU Rory Meyers College of Nursing, New York, NY. April 11, 2022.
- Perez, N.**, (2022). *ENRS Precision Health RIG Symposium*. 34th Annual Scientific Sessions Eastern Nurses Research Society, Providence, RI. March 31, 2022.
- Perez, N.** (2020). *Epigenetic Age and Depressive Symptoms in African American Women with Cardiometabolic Conditions*. Translational Research in Progress Seminar. NYU Langone Health Division of Translational Medicine, New York, NY. December 14, 2020
- Perez, N.** (2020). *Depression Care in Black Women: Examining Multiple Points of Health Care Delivery Failure and Inequity*. Panel Presentation. The Equity Research Forum, New York University, New York, NY. November 20, 2020.

Conference Presentations

- Perez, N.**, He, N., Fletcher, J., Melkus, G., Hanna, D., Sharma, A., Anastos, K., Aouizerat, B. (2025). *Inflammation and Depressive Symptoms among Women with Diabetes and HIV from the MACS/WIHS Combined Cohort Study: Pilot Study Findings*. NYU Meyers Research Day. New York, NY, April 29, 2025 [**Perez, N.**, Presenter].
- Perez, N.**, Fletcher, J. (2025). *To Validity...And Beyond: Considerations for Selecting Depression Measures to Advance Health, Health Equity, and Bridge Interdisciplinary Research and Clinical Practice*. Eastern Nurses Research Society. Philadelphia, PA, April 4, 2025 [**Perez, N.**, Presenter].
- Perez, N.**, Pasha, V., He, N., Finik, J., Deirlein, A., Hanna, D., Sharma, A., Anastos, K., Melkus, G., Weiser, S., Aouizerat, B. (2024). *Beyond Lifestyle: Associations of Food Insecurity and Diet Quality with Inflammation among Women with Type 2 Diabetes from the MACS/WIHS Combined Cohort Study*. International Society of Nurses in Genetics. Annual World Congress. San Diego, CA, November 15, 2024 [**Perez, N.**, Presenter].
- Perez, N.**, He, N., Fletcher, J., Melkus, G., Hanna, D., Sharma, A., Anastos, K., Aouizerat, B. (2024) *Inflammation and Depressive Symptoms among Women with Diabetes and HIV from the MACS/WIHS Combined Cohort Study: Pilot Study Findings*. Psychoneuroimmunology Research Society. Halifax, CA, June 27, 2024 [**Perez, N.**, Presenter].
- Petersen, K., **Perez, N.**, Xu, K., Xu Y., Lang L., Anastos, K., Alcaide, M., Cohen, M., Shrestha,

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- S., Edmonds, A., Meyers, J., Kassaye, S., Ances, B., Aouizerat, B., Rubin, L. *Monocyte epigenetic age related to non-somatic depressive symptoms in women with and without HIV*. Conference on Retroviruses and Opportunistic Infections. Denver, CO, March 3-6, 2024.
- Byrd, M., Bodnar, K., Breslow, A., Brown, T., Cohen, M., D'Souza, G., Edmonds, A., Mehta, C., Mimiaga, M., Palella, F., **Perez, N.**, Visconti, A., Weiss, D., Wilson, T., Konkle-Parker, D. (2023). *Association of Social Support with Depressive Symptoms Comparing MSMs and Women*. 38th Annual Conference. Southern Nursing Research Society, Charlotte, NC, February 21-23, 2024.
- Perez, N.**, Melkus G., Yu, G., Aouizerat B. (2024). *Identification and Characterization of Diagnosis-Agnostic Depressive Trajectories in Type 2 Diabetes among Women with and without HIV*. International Psychiatric Nurses Society. Annual Conference. Providence, RI, April 5, 2024. [**Perez, N.**, presenter]
- Perez, N.**, He. N., Wright, F. (2023). *Social Determinants of Inflammatory Markers Linking Depression and Diabetes Among Women: A Scoping Review*. Podium Presentation. International Society for Nurses in Genetics, Annual World Congress. Providence, RI, November 4th, 2023. [**Perez, N.** presenter].
- Perez, N.**, He. N., Wright, F. (2023). *Social Determinants of Inflammatory Links Between Depression and Diabetes Among Women: A Scoping Review*. Advanced Methods Conference. Council for the Advancement of Nursing Science, Virtual, September 13, 2023. [**Perez, N.** presenter].
- Perez, N.**, Melkus, G. Yu, G., Aouizerat, B. (2023). *Diagnosis-Agnostic Depressive Symptom Trajectories in Women with Type 2 Diabetes*. Poster Presentation. 35st Annual Scientific Sessions Eastern Nurses Research Society, Philadelphia, PA, March 23, 2023. [**Perez, N.** presenter].
- Perez, N.**, Vorderstrasse, A., Yu, G., Taylor, J. (2021). *DNA Methylation Age Acceleration Associates with Cardiometabolic Traits and Specific Depressive Symptoms Scores in African American Women from the InterGEN Study*. Podium Presentation. International Society for Nurses in Genetics, Virtual Conference. November 5-7, 2021 [**Perez, N.** presenter].
- Perez, N.**, Vorderstrasse, A., Yu, G., Taylor, J. (2021). *DNA Methylation Age Acceleration and Depressive Symptoms in African American Women with Cardiometabolic Conditions*. Panel Presentation. Association for Clinical and Translational Science, Virtual Conference. March 29, 2021 [**Perez, N.** presenter].
- Ghazal, L., Hellmers, N., Hronrich, T., Jared, M.C., **Perez, N.** (2020). *A Wellness Initiative: Created by and for PhD students*. AACN Graduate Nursing Student Academy Virtual Poster Presentation. September 23, 2020 [**Perez, N.** presenter].

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- Malone, S., Peleckis, A., Pack, A., **Perez, N.**, Yu, G., Rickels, M., Goel, N., (2020). *Sleep and Glycemic Control in Adults with Long-Standing Type 1 Diabetes and Hypoglycemia Unawareness*. Poster Presentation. SLEEP 2020 Virtual Conference. August 27-30, 2020.
- Perez, N.**, Lanier, Y., Squires, A. (2020). *Inequities along the Depression Care Cascade in African American Women*. Poster Presentation. Annual Scientific Sessions Eastern Nurses Research Society, Boston, MA, March 26, 2020. [**Perez, N.** presenter].
- Perez, N.** (2019). *A Microbial Relationship in IBS and Depressive Symptoms*. Panel Presentation. Forum on Inter-Collegiate Events for PhD Students and Faculty, Spring Leadership and Scholarship Showcase, New York Academy of Medicine, New York, NY. May 6, 2019.
- Perez, N.**, Wright F., Vorderstrasse, A. (2019). *A Microbial Relationship in IBS and Depressive Symptoms*. Poster Presentation. 31st Annual Scientific Sessions Eastern Nurses Research Society, Providence, RI, April, 3, 2019. [**Perez, N.** presenter].
- Cummings, D., Lindsay, S., **Perez, N.**, (2013). *An Assault Reduction Program in the Acute Psychiatric Setting*. Poster Presentation. American Psychiatric Nurses Association 27th Annual Conference, San Antonio, TX, October 10, 2013. [**Perez, N.** presenter].
- Beaulieu, N.**, Simpson, S. (2010). *Adolescent and Health Care Provider Communication: Recollections of Young Adults*. Poster Presentation. University of Florida College of Nursing Annual Research Day, Gainesville, FL, April 7th, 2010. [**Beaulieu, N.** presenter].

TRAINING AND WORKSHOPS

Year	Institution	Title
2021	University of Michigan	Genomics for Social Scientists Epigenetics
2019	Columbia University	Epigenetics Boot Camp
2018	University of Colorado Boulder & University of Colorado San Diego	Gut Check: Exploring the Microbiome

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PROFESSIONAL SERVICE AND LEADERSHIP**University Service**

2025- present	Local Expert for the Multicenter Aids Cohort Study (MACS)/ Women's Interagency HIV Study (WIHS) Combined Cohort Study (MWCCS), New York University Health Science Library, New York University Langone Health, New York, NY
2024-present	Faculty Advisor, Doctoral Student Organization New York University College of Nursing, New York, NY
2024-present	Bylaws Committee (elected) New York University College of Nursing, New York, NY
2023-present	PhD Workgroup, New York University College of Nursing, New York, NY
2025	Dissertation Award Subcommittee New York University College of Nursing, New York, NY
2023- present	Member, Precision Health Research Collaborative New York University College of Nursing, New York, NY
2021- 2023	Co-Chair, Precision Health Research Collaborative New York University College of Nursing, New York, NY
2020-2021	Virtual Writing Group Organizer, Doctoral Student Organization New York University College of Nursing, New York, NY
2019-2021	Wellness Initiative Committee, Doctoral Student Organization New York University College of Nursing, New York, NY
2019-2021	Secretary, Chronic Conditions Research Collaborative New York University College of Nursing, New York, NY

Mentoring

2022-2023	Mentor for the FOCUS Mentorship Program New York University College of Nursing, New York, NY
2020-2021	LEAD Undergraduate Honors Program Writing Mentor New York University College of Nursing, New York, NY

Mentees

<u>Year</u>	<u>Mentee Name</u>	<u>Mentorship Role</u>	<u>Achievements</u>	<u>Current Position</u>
2025-present	Kim Hadson PhD Student	Preliminary Exam Committee	Passed Preliminary Exam	PhD Student NYU Meyers
2024-present	Paula Gordillo Sierra MA Student	Gradate RA Supervisor	Co-authored paper (see above)	Graduate Student NYU Art & Sciences
2023-present	Maile Mercer PhD Student	Dissertation Committee Reader	Dissertation Proposal	PhD Candidate NYU Meyers

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2022-2024	Ning He PhD Student	Graduate RA Supervisor	Defended PhD Co-authored paper (see above)	Brown University Research Associate
2022-2023	Macleana Botchety BSN Student	FOCUS Mentor	Passed NCLEX	Registered Nurse

Professional Organization and Scientific Service

2025	Microbiome Working Group, Multicenter Aids Cohort Study (MACS)/ Women's Interagency HIV Study (WIHS) Combined Cohort Study (MWCCS)
2025	NIM Study Section Reviewer, NIH Center for Scientific Review, HIV Comorbidities and Clinical Studies (HCCS) Section
2025	Research Committee- International Society of Nurse in Genetics (ISONG) World Congress
2023-present	Co-chair, Precision Health Research Interest Group, Eastern Nurses Research Society (ENRS)
2021-2022	Planning Committee- International Society of Nurse in Genetics (ISONG) World Congress
2020	Planning Committee- Forum on Inter-Collegiate Events (FIRE) for PhD Students and Faculty, New York Academy of Medicine, New York, NY
2015-2017	Founding President- Gainesville Psychiatric Nurses Association, Gainesville, FL

Professional Organization Membership

2024-present	Psychoneuroimmunology Research Society
2023-present	American Psychological Association
2022-present	American Academy of Nursing
2019-present	New York Academy of Sciences
2019-present	International Society of Nurses in Genetics
2017-present	Eastern Nursing Research Society
2017-present	International Society of Psychiatric Nurses
2016-present	American Psychiatric Nurses Association
2010-present	Sigma Theta Tau International Honor Society of Nursing

Reviewer

2024, 2025	NYU Internal Peer Grant Review
2025-present	Social Psychiatry and Psychiatric Epidemiology

Nicole Perez, PhD, RN, PMHNP- BC

2022-present	Journal of Urban Health
2022-present	Scientific Reports
2022-present	Journal of the American Psychiatric Nurses Association
2022-present	Epigenetics Insights
2020-present	Biological Research for Nursing
2020, 2023	Eastern Nursing Research Society (conference abstracts)
2020	NYAM Forum on Inter-Collegiate Events (conference abstracts)