

ANNE BRADLEY MITCHELL, PhD, MN, BSN, ANP-BC, FGSA

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LICENSES

REGISTERED NURSE LICENSE: Pennsylvania 2534141-L (Expires 04/30/2026)
NURSE PRACTITIONER LICENSE: Pennsylvania SP-0003170-B (Expires 04/30/2026)
Certified Adult Nurse Practitioner: ANCC certification Number 0175205 (Expires 12/19/2028)
NPI Number: 1760457998

CURRENT POSITION

THOMAS JEFFERSON UNIVERSITY, PHILADELPHIA, PA - Assistant Professor, College of Nursing

EDUCATION

UNIVERSITY OF PENNSYLVANIA SCHOOL OF NURSING, PHILADELPHIA, PA Doctorate of Philosophy in Nursing	2012
THOMAS JEFFERSON UNIVERSITY COLLEGE OF POPULATION HEALTH, PHILADELPHIA, PA Master of Public Health	2025
UNIVERSITY OF CALIFORNIA LOS ANGELES, LOS ANGELES, CA Master of Nursing: Family Nurse Practitioner Program, Geriatrics Specialty	1990
THE CATHOLIC UNIVERSITY OF AMERICA, WASHINGTON, D.C. Bachelor of Science in Nursing	1982

CERTIFICATE PROGRAMS

UNIVERSITY OF PENNSYLVANIA SCHOOL OF NURSING, PHILADELPHIA, PA Teacher Education Program	2012 - 2013
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SUMMER INSTITUTES

CORNELL UNIVERSITY TRANSLATIONAL RESEARCH SUMMER INSTITUTE, ITHACA, NY (SELECTED ATTENDEE) Director, Dr. Janis Whitlock	2018
HARTFORD SUMMER NURSING INSTITUTE, NEW YORK UNIVERSITY (SELECTED ATTENDEE) Director, Dr. Tara Cortes, One week intensive focused on research grant development	2015
SYRACUSE UNIVERSITY INSTITUTE OF AGING (SELECTED ATTENDEE) Director, Dr. Janet Wilmoth, One week intensive focused on development of gerontology education programs.	2014

PROFESSIONAL EXPERIENCE

ACADEMIC

Faculty Leader, Jefferson Center for Interprofessional Education Design curriculum, monitor outcomes and employ survey methods of the <i>Health Mentor Program</i> that involves over 800 students among 12 departments. Jefferson University, Philadelphia, PA.	Spring 2018-present
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Assistant Professor, College of Nursing

Fall 2016-present

Taught Physical Assessment, Professional Practice, Health Promotion and coordinated immersion placement sites for undergraduate students. 12 credit load/semester. College of Nursing, Jefferson University, Philadelphia, PA.

Assistant Professor Tenure Track, Department of Nursing

2013 – Summer 2016

Undergraduate teaching didactic and clinical in topics of geriatric nursing at the junior level. Clinical instructor at geriatric sites. (12-13 credit hours/semester) Course Director and Lab Coordinator for Physical Assessment College of Health Sciences, West Chester University, West Chester, PA.

Assistant Professor, Department of Nursing

Winter 2016

Designed and taught a Health Transitions online course required for the new Gerontology Certificate program offered through the Department of Public Health. West Chester University, West Chester, PA.

Adjunct Assistant Professor, Course Director, Undergraduate clinical lab

Summer 2015

Instructed physical assessment and fundamental skills course offered for accelerated students, (class size 96 students) University of Pennsylvania School of Nursing, Philadelphia, PA.

Lab Instructor, Advanced Physical Assessment for Graduate Level Nurses

Summer 2013 - 2016

Instructed physical assessment skills, University of Pennsylvania School of Nursing, Philadelphia, PA.

Course Director, Undergraduate clinical lab course

Winter 2015, 2016

Instructed physical assessment skills and fundamental skills in an inaugural concentrated pilot course offered for transfer students, University of Pennsylvania School of Nursing, Philadelphia.

Lecturer, Clinical Placement Coordinator

2012-2013

Collaborated with healthcare providers in the community to provide clinical placements for students. Seminar leader and faculty advisor for graduate students, Family Health Nurse Practitioner Program, University of Pennsylvania School of Nursing, Philadelphia, PA.

Clinical Instructor, Undergraduate clinical lab course

2012-2016

Instructing physical assessment skills, initial clinical placement for acute setting for accelerated students, Summer Sessions, University of Pennsylvania School of Nursing, Philadelphia, PA.

Clinical Instructor

Summer 2013, Fall 2012

Community clinical at long term care and PACE facilities for a cohort of undergraduate senior year students, University of Pennsylvania School of Nursing, Philadelphia, PA.

Course Co-Director, Undergraduate clinical lab accelerated course

2012, 2007

University of Pennsylvania School of Nursing, Philadelphia, PA.

Lecturer/Instructor, Clinical Placement Coordinator

2009-2010

Family Health Nurse Practitioner Program, University of Pennsylvania School of Nursing, Philadelphia, PA.

Teaching Asst., Graduate Level Physical Assessment, Acute Care Nurse Practitioner Program

2004 - 2006

University of Pennsylvania School of Nursing, Philadelphia, PA

Clinical Associate, School of Nursing 1997-2002
Precepted over 800 hours of clinical mentorship for graduate level Family Nurse Practitioner students
Villanova University, Villanova, PA

Clinical instructor, Nurse practitioner site reviewer 1996
Gwynedd-Mercy College, Gwynedd, PA

CLINICAL

Med Assurance, Independent Blue Cross, Philadelphia, PA 2012-2013
Nurse practitioner performed in home comprehensive geriatric assessments and referred clients for additional services.

Great Valley Health Family Physicians, Bryn Mawr, PA 2005-2007
Family nurse practitioner, treated patients in outpatient hospital clinic with family practice physician group.

Bryn Mawr Hospital, Bryn Mawr, PA 1994-2004
Nurse practitioner, screened patients in the out-patient testing department, performed history and physicals, ordered diagnostic studies in consultation with surgeons and anesthesiologists and referred for specialty consultation. Provided patient education and consulted for discharge planning. Designed ongoing unit studies for the Quality Assurance Committee (1995-1999).

Main Line Health Organization, Bryn Mawr, PA 1997-2002
Geriatric Nurse Consultant, Havertown Center for Older Adults
Wrote health related articles for monthly newsletter, assessed clients with chronic medical conditions, and determined appropriate referrals. Presented health related sessions to older adult community.

University of California Los Angeles (UCLA) Medical Center, Dept. of Medicine, Geriatrics 1992-1994
Research Nurse Practitioner: recruited 500 geriatric patients for National Institutes of Health Research grant with David Reuben MD and Al Siu MD that studied the intervention of a geriatric nurse practitioner, performed comprehensive geriatric assessments on inpatients at a UCLA Medical Center, assessed the treatment group of patients at home, and provided recommendations at interdisciplinary team meetings. Managed initial data collection and participated in manuscript preparation for two articles published in peer-reviewed journals.

University of California Los Angeles, Surgery Center 1990-1992
First nurse practitioner at UCLA employed in the preoperative center, designed the preoperative clinic procedures, performed preoperative physicals, consulted with internists, and reviewed diagnostic studies.

University of California Los Angeles, School of Nursing student 1989-1990
Over 600 hours of clinical time provided at the following facilities: The Jewish Home for Aging, Tarzana, CA; Sepulveda Veterans Administration Outpatient Triage/ Emergency Room; Northridge, CA; Kaiser Permanente, Family Practice, Inglewood, CA; Santa Monica Senior Peer Health Counseling and Health Center, Santa Monica, CA; Los Angeles Union Rescue Mission Clinic, Los Angeles, CA.

University of California Los Angeles Medical Center, Clinical Nurse III 1985-1990
Provided direct patient care on neurological/trauma unit, oriented new staff nurses, presented continuing education classes to colleagues. Conducted research on nursing unit as representative to hospital Quality Assurance Committee.

St. Patrick's Home for Children, Sacramento, CA. Member of the Jesuit Volunteer Corps 1984-1985
 Provided nursing care and health teaching to at risk adolescents in group homes, conducted lectures on First Aid, CPR and adolescent health topics for adolescents and child care workers. One year immersion volunteer

Thomas Jefferson University Hospital, Philadelphia, PA 1982-1984
 Clinical Nurse II performed direct nursing care duties on an acute care medical-surgical unit.

COMMUNITY WORK

Broad Street Ministry, Philadelphia, PA. Summer 2018-March 2020
 Perform Weekly health screenings and care coordination for low-income persons. Coordinate and supervise student nurses who volunteer.

Ralston Center Initiative for World Health Organization Age Friendly City: West Phila. 2014 -2017
 Worked with community organization to conduct built environment surveys and gather data. Worked with group to develop a presentation for the International Association for Gerontology and Geriatrics 21st International World Congress.

Penn Consultation Nursing Svcs., University of Pennsylvania School of Nursing, Philadelphia, PA 2013-2016
 Taught health promotion topics to community groups of older adults.

Healthy in Philadelphia, University of Pennsylvania, Philadelphia, PA 2011-2013
 Accompanied undergraduate nursing students at community health screenings, and collected data for funding reports.

Seniors Collaborative, University of Pennsylvania, Philadelphia, PA 2008
 Worked on interdisciplinary committee with members to arrange comprehensive presentations for older adults in the West Philadelphia community.

Sunshine Center, Senior Center West Philadelphia, Volunteer 2005-2007
 Visited biweekly, to provide blood pressure checks and health information to older adults.

School of Nursing, University of Pennsylvania 2005-2007
 Arranged health screenings West/Southwest Philadelphia. Lecturer: Acquired Based Community Service class.

Main Line Health, Delaware/Montgomery County, PA 1997-2002
 Offered presentations on health topics to community groups on a monthly basis.

GRANT APPLICATIONS AWARDED

THE HARTFORD FOUNDATION. NATIONAL COLLABORATORY TO ADDRESS ELDER MISTREATMENT. \$10,000 GRANT 2022
 Mentor, Kathy Greenlee, Former Assistant Secretary for Aging, Obama Administration. Awardee in the inaugural round of funding to advocate for required elder mistreatment continuing education for health provider licensure renewal process.

PENNSYLVANIA STATE SYSTEM OF HIGHER EDUCATION (PASSHE) ANNUAL FACULTY DEVELOPMENT GRANT 2015
The Seniors Walkability Assessment of Neighborhoods (SWAN): Initial Pilot Study in a U.S. Urban Area," to study the feasibility of the Senior Walking Assessment of Neighborhoods (SWAN) tool. The grant submission is to collaborate with international colleagues to pilot a walking instrument for 75 older adults in

the community. Working with students in West Chester area and in West Philadelphia. July, 2015. (30% of applications funded).

WEST CHESTER UNIVERSITY OF PENNSYLVANIA

2014

College of Health Sciences Funding. Secured \$1800 to support undergraduate registration and annual membership for the National Black Nurses Association meeting, Philadelphia, PA.

PENN INSTITUTE OF URBAN RESEARCH PILOT FUNDS FOR OLDER ADULTS RESEARCH

2012

University of Pennsylvania funding for Dissertation study (\$1500)

PUBLICATIONS

White, R., Brucato, M., Prasad, P., **Mitchell, A.**, King, A., Ankam, N. (2025). In Press Exploring Topics Community Members with Chronic Illness Wish to Teach Future Healthcare Professionals in a Health Mentors Interprofessional Education Program. *The Clinical Teacher*.

Mitchell, A., Ankam, N.S., Le, J. **Brucato, M.**, Welman-Korsunsky. (2025) Under Review. Health Profession Students' Learning about Social Determinants of Health: A Qualitative Analysis of Reflection Essays following a Health Mentors Program. *Journal of Allied Health*.

Nunes, K., Ankam, N., **Mitchell, A.**, Salzman, B., Chandragiri, S., Matthews, E., Hass, R., Brucato, M., (2024) (In Press) Experiences and Motivations of Community Volunteers Engaging with a Longitudinal Experiential Interprofessional Education Program. *Journal of Interprofessional Health, Education and Practice*.

Kling, Sleeper, R., Chin, E. L., Rojek, M. K., McGregor, A. J., Richards, L., **Mitchell, A. B.**, Stasiuk, C., Templeton, K., Prasad, J., Pfister, S., & Newman, C. B. (2022). Sex and Gender Health Educational Tenets: A Report from the 2020 Sex and Gender Health Education Summit. *Journal of Women's Health (Larchmont, N.Y. 2002)*, 31(7), 95–910. <https://doi.org/10.1089/jwh.2022.0222>

Gunaldo, Ankam, N. S., Black, E. W., Davis, A. H., **Mitchell, A. B.**, Sanne, S., Umland, E. M., & Blue, A. V. (2022). Sustaining large scale longitudinal interprofessional community-based health education experiences: Recommendations from three institutions. *Journal of Interprofessional Education & Practice*, 29, 100547–. <https://doi.org/10.1016/j.xjep.2022.100547>

Ankam, N., **Mitchell, A. B.**, Bell, K.A., Lopez, A.M., & Hass, R.W (2022). Experiential Interprofessional Learning and the Two-Step Sex and Gender Question. CUREUS Open Access. *Under review*.

Mitchell A.B., Ankam, N., Salzman, B., Allen, C. (2022). When the Patient Becomes the Teacher: Jefferson University's Health Mentors Program. *Patient Safety*, 4(1), 78-85. <https://doi.org/10.33940/culture/2022.3.7>

Gray-Miceli, D., Bouchaud, M., **Mitchell, A.B.**, DiDonato, S., & Siegal, J. (2020). Caught off guard by Covid-19: Now what? *Geriatric Nursing*, 41 (6), 1020-1024, ISSN 0197-4572, <https://doi.org/10.1016/j.gerinurse.2020.10.009>Get rights and content

Mitchell A.B., Ankam, N., Umland, E., Vause-Earland, T., Dallas, S., & Ukanna, A. (2020). Challenges and Successes of Interprofessional Health Education. *New Directions in Teaching and Learning*, 162, 145-155. <https://doi.org/10.1002/tl.20399>

Bowen, ME, Gaynor, BM., Phillips, L, Orsega-Smith, E. **Mitchell, A.B.**, Lavery, A., Baeshore, H. (2020). Factors Associated with Health Service Utilization Among Older Adults in a Mobile Veterans Program. *Journal of Gerontological Nursing*, 46(5), 15-22. <https://doi:10.3928/00989134-20200313-01>

Mitchell, A. (2012). The relationship of self-reported health status and perceived neighborhood-built environment with the amount of self-reported walking among urban community dwelling older adults. *Dissertations available from ProQuest*. Paper AAI3542931.
<http://repository.upenn.edu/dissertations/AAI3542931>

Siu, A.L., Kravitz, R.L., Keeler, E., Hemmerling, K., Kington, R., Davis, J.W., **Mitchell, A.**, Burton, T.M., Morgenstern, H, Beers, M.H. & Reuben, D.B. (1996). Post-discharge geriatric assessment of hospitalized frail elderly patients. *Archives in Internal Medicine*, 156(1), 15-7.

Kravitz, R.L., Reuben, D.B., Davis, J.W., **Mitchell, A.**, Hemmerling, K, Kington, R.S. & Siu, A.L. (1994). Geriatric home assessment after hospital discharge. *Journal of the American Geriatric Society*, 42(12), 1221-1228.

Book Chapter: Assessing the Older Adult. In *Bates' Nursing Guide to Physical Examination and History Taking (3rd Ed)*. Hogan-Quigley, B. Palm, M.L. & Bickley, L. (2022) Philadelphia: Lippincott, Williams & Wilkins. Published November, 2022.

Chapter Reviewer for *Adult Gerontology Practice Care Guidelines*. (2019) Harris, C. New York: Springer Publishing.

Chapter Reviewer for *Bates' Nursing Guide to Physical Examination and History Taking (2nd ED)*. Hogan-Quigley, B. Palm, M.L. & Bickley, L. (2017) Philadelphia; Lippincott, Williams & Wilkins.

Manuscript Reviewer *Journal of Aging and Health*, 2016-present

Manuscript Reviewer *Journal of Gerontological Nursing* 2024-present

Manuscript Reviewer *Journal of Interprofessional Education and Practice*, 2020-present

Manuscript Reviewer *Journal of Rehabilitation Research and Development*, 2015

Manuscript Reviewer *Journal of Women's Health*, 2023

PRESENTATIONS

Poster: *Exploring Topics Community Members with Chronic Illness Wish to Teach Future Healthcare Professionals* White, R. Brucato, M., Prasad, P., Mitchell, A., Ozorowski, K. Collaborating Across Borders Conference, Omaha, NE, May, 2025.

Workshop Presentation: *Create and Innovate: Designing a Virtual Reality Experience for Interprofessional Learning about Assessment of the Home Environment* Salzman, B., **Mitchell, A.**, Toth-Cohen, S., Ankam, N., Harte, D., Fillman, G., & Jaweed, Z.S. Thomas Jefferson University Faculty Days, Thomas Jefferson University, Philadelphia, PA June, 2024.

Invited Poster: *Teaching the 4Ms in prelicensure interprofessional education.* **Mitchell, A.**, Ankam, N., Brucato, M., & Salzman, B. American Geriatric Society Annual Conference, May 9, 2024. Jefferson Center for Interprofessional Practice and Education, Thomas Jefferson University, Philadelphia, PA

Symposium Convener: *Building Bridges Across Age-Friendly Elements Guided by the 4 M's Framework.* Symposium Co-Conveners **Mitchell, A** & Petrovsky. Gerontological Society of America 73th Annual Scientific Meeting, Tampa, FL November, 2023.

Presentation: *Teaching the 4Ms in prelicensure, experiential interprofessional education.* Thomas Jefferson University Interprofessional **Mitchell, A.**, Brucato, M., Edmonds, M., Salzman, B., & Ankam, A. Thomas Jefferson University Bi-annual Interprofessional Conference, Philadelphia, PA November 4, 2023.

Presentation: *Development of an Interprofessional Virtual Reality Home Visit Experience Focused on Application of the 4Ms Age-Friendly Health Systems.* **Mitchell, A.**, Brucato, M., Edmonds, M., Salzman, B., & Ankam, A., Nexus Interprofessional National Virtual Conference, September, 2023.

Presentation: *Step-up nursing program; growing and diversifying the nursing workforce with an immersive nursing experience.* Clary-Muronda, V. & **Mitchell, A.B.** International Council of Nursing bi-annual conference, Montral, Canada July, 2023.

Poster: *The Effects of Peer Mentoring on First-year SRNA Stress Levels and Well-being.* Arnold, J., Gustavson, K., Ostrom, C., Schell, J., Mainwaring, J., & **Mitchell, A.** Eastern Nurses Research Society 34th Annual Conference. Philadelphia, PA March, 2023.

Presentation: *Up for the Challenge: A Design Sprint in Interprofessional Education.* **Mitchell, A.**, Ankam, N., Shine, K., Hayden, G., Ukanna, A. Faculty Days, Nexus Interprofessional Conference, September, 2022.

Webinar: *How to Create a Perfect Poster.* Miller, J., **Mitchell, A.**, Moccia, M., Wexler, S. 2022. Gerontological Advanced Practice Nurses Association, August, 2022.

Panelist: *Joy of Teaching* Featured Invited Panelist, Faculty Days, Thomas Jefferson University, Philadelphia, PA. June, 2022

Webinar: *How to Create the Perfect Abstract.* Miller, J., **Mitchell, A.**, Moccia, M., Wexler, S. 2022. Gerontological Advanced Practice Nurses Association, April, 2022.

Presentation: **Mitchell, A.**, Ankam, N., Hass, R. *Natural Word Processing as a Tool for Qualitative Analysis.* Jefferson Interprofessional Conference, April, 2021.

Presentation: Shifrin, S., **Mitchell, A.** *ARTZ at Jefferson: How Arts based experiences support people with dementia and aid in dignity preservation.* 75th Scientific Sessions, Gerontological Society of America, November, 2020.

Presentation: *Incorporating Advocacy into Interprofessional Education: Update on the Jefferson Health Mentors Program.* **Mitchell, A.**, Dallas, S., Ankam, N., Vause-Earland, T., Umland, E. Collaboration Across Borders Conference, Indianapolis, IN. October, 2019.

Invited Speaker: *Senior Safe Mobility*, Trans-Action Engineering Convention, Atlantic City, NJ. April, 2019.

Poster: *Undergraduate Nursing Advocacy Projects in Interprofessional Education.* **Mitchell, A.** Eastern Nursing Research Society 31st Annual Meeting, Providence, RI. April, 2019

Poster: *Student Nurses Engage the Community in a Neighborhood Clinic.* **Mitchell, A. & Wiltsie, K.** Eastern Nursing Research Society 31st Annual Meeting, Providence, RI. April, 2019

Invited Speaker: *Senior Safe Mobility.* Delaware Valley Regional Planning Commission Regional Safety Task Force. Philadelphia Pa, December, 2018.

Symposium Convener: *Environmental Gerontology: Vulnerable Older Adults Living on the Margins*, Gerontological Society of America 70th Annual Conference, Boston, MA., November, 2018.

Presentation: *Student IPE Advocacy Projects: How to Create a Curriculum*. Ankam, N., **Mitchell, A.**, Vause Earland, T., Dallas, S., & Libros, S. Interprofessional Care for the 21st Century, Thomas Jefferson University Bi-annual Interprofessional Conference, Philadelphia, PA, October, 2018.

Poster: *Advocacy Projects in Interprofessional Education: Update on the Jefferson Health Mentors Program* Ankam, N., **Mitchell, A.**, Dallas, S., Sarah Libros, Vause Earland, T., Collins, L., Umland, E. Nexus Interprofessional Conference, Minneapolis, MN, July, 2018.

Panel Respondent: *Story Slam: Resilience in Healthcare*: Jefferson University, Philadelphia, PA. November, 2017.

Symposium Convener: *Environmental Gerontology: Older Adult Participation in Design: From Nursing Home to Neighborhood* International World Congress on Gerontology and Geriatrics. San Francisco, CA. July, 2017.

Poster: *Older Adult Participation in the SWAN Tool* Eastern Nursing Research Society 29th Annual Meeting, Philadelphia, PA. April, 2017

Paper: *Beyond the Person-Fit Environment: Examining Temporal Aspects of Lawton's Theory*. 69th Gerontological Society of America Annual Conference, New Orleans, LA, November, 2016.

Paper: *GIS Mapping: Bridging the Built Environment Perception and Objective Findings of Neighborhood Walkability*. Eastern Nursing Research Society 28th Annual Meeting, Pittsburgh, PA, 2016.

Poster: *The Relation of Driving on the Amount of Walking among Older Urban African-Americans*. The Institute of Aging, University of Pennsylvania Annual Sylvan Cohen Research Day. May 2015.

Poster: *The Influence on Crime and Traffic on the Amount of Walking by Older African American Adults in a Northeastern U.S. City*. The International Association of Gerontology and Geriatrics European Region Congress 8th Annual Conference, Dublin, Ireland, April, 2015.

Paper: *The Association of Public Transit on the Amount of Walking by Older African American Adults in Urban Areas*. Eastern Nursing Research Society 27th Annual Meeting, Washington, D.C. April, 2015

Poster: *The Amount of Driving and Physical Activity among Older African Americans*. 67th Gerontological Society of America Annual Conference, Washington D.C. November, 2014.

Paper: *The Relation between Symptoms and Medical Conditions on the Amount of Self-reported Walking in Older Adults*. Eastern Nursing Research Society, 26th Annual Meeting, Philadelphia, PA. April, 2014.

Poster: *Walking among Older African Americans; Significance of Symptoms and Medical Conditions*. West Chester University Annual Research Day, West Chester, PA. April 2014.

Poster: *Perception of Neighborhood Built Environment and Health on Walking in Minority Urban Older Adults*. Gerontological Society of America, 65th Annual Meeting, San Diego, CA, November 2012.

Presentation: *Neighborhood Built environment and Walking in Minority Urban Older Adults*. Ninth Annual Urban Doctoral Symposium, Penn Institute of Urban Design, University of Pennsylvania, Philadelphia, PA. May 2012.

Poster: *The Relationship of Self-reported Health Status and The Perceived Neighborhood Built Environment with the Amount of Self-reported Walking Among Urban Community Dwelling Older Adults.* Eastern Nursing Research Society 24th Annual Conference, New Haven, Connecticut, March 2012.

Poster: *Attitudes, Beliefs and Behaviors about Physical Activity among Multiethnic Urban Dwelling Older Men.* Healthy Aging Network Symposium, Seattle, WA, January 2007.

Presentation: *Osteoporosis Screening on Black Older Adults: Disparity or Perception of Decreased Susceptibility?* Fontaine Conference, University of Pennsylvania, Philadelphia, PA. March, 2007

Invited Teaching: Reviewer for student presentations. *Race and Anthropology Medical Sociology Course*, Professor Carolyn Rouse. Princeton University, Princeton, New Jersey. April, 2007.

RESEARCH

The Relationship between Wandering and Functional Status 2014 – 2018

The goal of this 5-year multi-site study is to examine how wandering, as a dementia-related physical activity, may preserve physical functioning. PI: Mary E. Bowen. **Role:** Nurse Data Collector. Veterans Administration Health Science Specialist from 2014 until 2017. The Coatesville and Philadelphia Veterans Administration Hospitals.

The Seniors Walkability Assessment of Neighborhoods (SWAN): PI Grant funded 2016

Initial Pilot Study in U. S. Urban Area," to study the feasibility of the Senior Walking Assessment of Neighborhoods (SWAN) tool. Two undergraduate students are involved for participant recruitment and data collection. (Left granting institution – funds not transferrable.)

Dissertation - University of Pennsylvania School of Nursing 2012

The relationship of self-reported health status and perceived neighborhood-built environment on the amount of self-reported walking among urban community dwelling older adults.

Research Assistant, Healthy in Philadelphia Research Grant 2005-2007

Director: Dr. Eileen Sullivan- Marx, University of Pennsylvania School of Nursing, Philadelphia, PA.

Nurse Practitioner Interventionist, University of California Los Angeles 1991-1993

Pilot project to determine the reduction of post-acute hospital discharge readmissions. Project Directors: Albert L. Siu, M.D. and David Reuben, M.D.

HONORS/AWARDS

Health and Aging Policy Fellow – funded by Atlantic Philanthropies and The Hartford Foundation	2025-2026
The Daisy Foundation Award for Extraordinary Nurse Educators	2025
Hartford Distinguished Gerontologic Nurse Educator	2020
Fellow, Gerontological Society of America	2020
James B. Erdman Award: Excellence in Interprofessional Teaching, Jefferson University, Philadelphia, PA.	2019
West Chester University, Faculty Academic Advisor Appreciation Award, University Award	2016
Penn Institute for Urban Research, Research Grant, University of Pennsylvania, Philadelphia, PA.	2012
Promise of Nursing Faculty Fellowship, American Student Nurses Association	2009-2010
Ruth L Kirschstein National Research Service Award T-32, University of Pennsylvania, Philadelphia, PA	2007-2008
Healthy Aging Network Scholarship for conference presentation, Seattle, Washington	2006

University of California, Los Angeles (UCLA), Nursing Student Graduation Speaker	1990
California Nurses Association National Nurses Day Search of Excellence Nominee	1990
Sigma Theta Tau International Nursing Honor Inductee	1990
University of California Los Angeles (UCLA) Medical Center, Outstanding Nurse of the Year	1989
University of California Los Angeles (UCLA) Medical Center, Humanism Award	1988

PROFESSIONAL ORGANIZATIONS

Alliance of Nurses for Healthy Environments	2020-present
American Geriatrics Society	2017-present
American Healthcare Interprofessional Collaborative	2021-present
American Nurses Association	2012- present
American Academy of Nurse Practitioners	1990 -present
Eastern Nursing Research Society	2012-present
Gerontological Society of America	2011-present
Gerontological Advance Practice Nurses Association	2018-present
Pennsylvania State Nurses Association	2012-present
Pennsylvania Coalition of Nurse Practitioners	1994-2006
Sigma Theta Tau Honor Society of Nursing, Delta Rho, Gamma Tau, Xi Delta Chapters	Inducted 1990-present

PROFESSIONAL ACTIVITIES

Eastern Nursing Research Society, Elected Executive Board, Secretary	2023-2025
Eastern Nursing Research Society, Elected, Organizational Committee	2021- 2022
Sigma, Delta Rho Chapter President	2023-2025
Sigma Tri State Association, Awards Co-Chair	2021-2024
Gerontological Advanced Practice Nurses Association, Abstract Reviewer, Research Committee	2020-2024
Jefferson Center for Interprofessional Practice and Education, Conference Abstract Reviewer	2021-2023
American Nurses Foundation, Grant Reviewer	2018- 2020
Jefferson University, Grant Reviewer	2018- 2020
Pennsylvania State Nursing Association, Practice Cabinet Elected Position	2017-2019, Chair 2019
Eastern Nursing Research Society, Elected Membership Committee	2017-2018, Chair, 2019-2020
Eastern Nursing Research Society Annual Conference Planning Committee	2017, 2018, 2023, 2024
International Association of Geriatric and Gerontology: World Congress Abstract Reviewer	2017
Gerontological Society of America, Research Interest Group, Aging and the Environment Symposium Convener for the Annual Conference	2015- 2018
Eastern Nursing Research Society, Abstract reviewer for Annual Conference	2014 -2024
Gerontological Society of America, Abstract reviewer for Annual Conference	2014-2024
Philadelphia Area Research Community Coalition, Community Based Participatory Research Group	
University of Pennsylvania School of Nursing Representative	2005-2012
Doctoral Student Board, Secretary, University of Pennsylvania, School of Nursing	2006
California Coalition of Nurse Practitioners, Los Angeles Area Chapter Vice President	1993
California Nurses Association Delegate, House of Delegates Sacramento, CA	1991-1993
California Coalition of Nurse Practitioners, Executive Planning Committee for Annual Conference	1992
California Nurses Association Los Angeles, Newsletter Editor, State Delegate	1991-1993