

CYNTHIA L MITSAKIS, PhD, MSN, BS, RN, CEN, CNE

110 Wendell Street
Winchester, MA 01890
(c) 617-869-4068

cmitsaki@endicott.edu

Curriculum Vitae

EDUCATION

ENDICOTT COLLEGE Beverly, MA Summa Cum Laude	DOCTOR OF PHILOSOPHY NURSING	2018
SALEM STATE UNIVERSITY Salem, MA Summa Cum Laude	MASTER OF SCIENCE NURSING	2012
UNIVERSITY OF NEW ENGLAND Biddeford, ME	BACHELOR OF SCIENCE MEDICAL BIOLOGY	1994
REGIS COLLEGE Weston, MA Magna Cum Laude	ASSOCIATE OF SCIENCE NURSING	2006

CERTIFICATIONS/LICENSURE

- BLS
- ACLS
- C.P.I.
- Certified Nurse Educator (CNE)
- Certified Emergency Nurse (CEN)
- Licensed Registered Nurse, Commonwealth of Massachusetts

PROFESSIONAL EXPERIENCE

<i>Endicott College, Beverly, MA</i> <i>Associate Professor/Faculty Lead</i>	2019 – present
▪ Responsible for providing the theoretical and clinical component for various courses within the BSN curriculum. ▪ Additional responsibilities include faculty advising and membership to various committees within the program. ▪ NU410 Clinical faculty lead advising and mentoring adjunct faculty	
<i>Tufts Healthcare, Melrose, MA</i> <i>Registered Nurse, Emergency Department</i>	2023 – present

- Implementation and execution of standards of care including triage for diagnosis of specific patient populations.

Medical Reserve Corps of Massachusetts

2021 – present

Registered Nurse

- Responsible for providing care and assistance to the general public
- .Disaster preparation, blood pressure screenings, education, health screenings

Cataldo Ambulance, Boston, MA

2021 – 2022

Registered Nurse

- Responsible for triage, vaccinations, patient care, blood pressures, assessment
- .Additional responsibilities include documentation, monitoring and working with emergency medical personal with patient transfers in emergency situations

Endicott College, Beverly, MA

2018 – 2019

Assistant Professor

- Responsible for providing the theoretical and clinical component for various courses within the BSN curriculum.
- Additional responsibilities include faculty advising and membership to various committees within the program.

Endicott College, Beverly, MA

2016 – 2018

Associate Dean, School of Nursing

- Responsible for working with the Dean of Nursing in overseeing nursing major programs, and special projects related to nursing.

Lawrence Memorial/Regis College Nursing Program, Medford, MA

2012 – 2016

Assistant Professor, Comprehensive Nursing Practice

- Responsible for providing the theoretical and clinical component for Critical Care Nursing within an ASN curriculum.
- Additional responsibilities include faculty advising and membership to various committees within the program.

Hallmark Health, Melrose, MA

2006 – 2016

Registered Nurse, Emergency Department

- Implementation and execution of standards of care for diagnosis specific patient populations.

- Charge nurse duties as indicated.
- Orientate and precept new Emergency Department staff.

Lawrence Memorial/Regis College Nursing Program, Medford, MA 2012 – 2013

Adjunct Clinical Faculty

Melrose Wakefield Hospital and Lawrence Memorial Hospital

- Responsible for the clinical component of Medical Surgical Nursing within an ASN curriculum
- Responsible for the clinical component of Fundamental Nursing Practice within an ASN curriculum.

Regis College, Master's Program, Weston, MA 2012 - 2013

Adjunct Clinical Faculty, Master's Nursing Program

Brigham and Women's Hospital

- Clinical oversight of nurse practitioner (NP) students on a neurological floor.

Regis College, Bachelors Program, Weston, MA 2013 - present

Adjunct Faculty

- Health Assessment, RN to BSN program.

Brigham and Women's Hospital & 1994 – 1998

New England Organ Bank, Boston, MA

Tissue Typing Technologist

- Placement of patient organs through UNOS.
- DNA and HLA testing for bone marrow and organ recipients.
- Education and training of new and current staff.
- Education of co-workers on new techniques, policies and procedures.

HONORS/AWARDS/SCHOLARSHIPS

- Bright Light Nominee Endicott College, 2022
- Louise Hickey Scholarship 2011 and 2015
- Helen Buss Towle Memorial Scholarship for highest cumulative average after completing the first semester within the LM/RC Nursing Program, 2004
- Nataline Barrile Davis Memorial Scholarship for highest cumulative average after completing the second semester within the LM/RC Nursing Program, 2005

- Nominated for the 2006, United States Army “Spirit of Nursing Award” given by NSNA.
- Class valedictorian, LM/RC Nursing Program, 2006

PUBLICATIONS

- Ochs, J; Mitsakis, C.; Ochberg, R. (2024). Burnout and Resilience Among Nursing Faculty, *Nursing Education Perspectives*, DOI: 10.1097/01.NEP.0000000000001288
- Mitsakis, C. (2021). The Correlation of Resilience Factors with Job Satisfaction in Emergency Room Nurses, *International Journal of Nursing and Clinical Practices*, 8: 349. doi: <https://doi.org/10.15344/2394-4978/2021/349>
- Mitsakis, C. (2020). Emergency Room Nurses and Surviving Adversity: Benefits of Resilience Traits, *International Journal of Nursing and Clinical Practices*, 7: 333. doi: <https://doi.org/10.15344/2394-4978/2020/333>
- Published Dissertation: “The Correlation of Resilience Factors with Job Satisfaction in Emergency Room Nurses” Publication # 10810550
- NK4EO Magnet Publication 2016

INVITED PRESENTATIONS/PUBLICATIONS

- HMS100 Guest Lecturer for Reading Memorial High School, 2022
- Endicott College IA302 Guest Lecture 2021 – present
- Poster presentation at the 2019 Eastern Nursing Research Society, Providence, RI
- Poster presentation at the 2017 Eastern Nursing Research Society, Philadelphia, PA
- Speaker at the 2016 Diabetes Seminar at the Jenks Senior Center, Winchester, MA
- Speaker at the 2016 Hypertension Seminar at the Jenks Senior Center, Winchester, MA
- NK4EO Magnet Publication 2016
- Point of Care Foundation, Schwarts Rounds Presenter, Hallmark Health, 2013
- Poster presentation at the 2012 Christine Cameron Research symposium
- Guest speaker for Christine Cameron Symposium on Nursing Research, 2012

GRANTS

- Co-author for Lutz Grant, 2017—expansion of our Simulation Mannequins and Equipment, \$25,000
- Recipient of the Commonwealth Grant, 2011

RESEARCH ACTIVITIES

- Quantitative Research—April 2018--The Correlation of Resilience Factors with Job Satisfaction in Emergency Room Nurses
- Quantitative and Qualitative Research—April 2017—Closing the Gap: Educating BSN Students on the Concepts of Moral Distress, Compassion Fatigue, and End of Life Care Through Simulation
- Graduate Research--May 2012--Moral Distress of Emergency Room Nurses

PROFESSIONAL COMMITTEES

- Endicott College Institutional Assessment Committee Member 2024 – present
- Endicott College Academic Policy Committee Member 2024 – present
- Endicott College School of Nursing, Faculty Development Committee 2021 - present
- Endicott College Calendar Committee Member 2021 – present
- Endicott College Animal Care and Biosafety Member 2020 – 2021
- Endicott College Nursing Curriculum Committee Member 2018 – present
- Endicott College Academic Review Committee Member 2020 – present
- Endicott College Academic Success and Standards Committee Member 2018-present
- Endicott College Academic Integrity Committee Member, 2017 – 2018
- Endicott College Nursing Curriculum Committee, Chairperson, 2016 – 2018
- Endicott College Academic Success and Standards Committee Chairperson 2016 – 2018
- ATI Champion, Endicott College, 2016 – present
- Hallmark Health Institutional Review Board (IRB)
- Hallmark Health Unit Council, Emergency Department, Chairperson 2010 – 2016

COURSES TAUGHT

Course Title Course Number	Role	Year	School	Number of Credits
Nursing Internship NU 400	Simulation Development and Implementation for Virtual Clinical	2020 - present	Endicott College Bachelors Program	4
Acute Care NU 410	Associate Professor	2017 - present	Endicott College Bachelors Program	8
Health Assessment NU 230	Associate Professor	2016 - 2019	Endicott College	4
Senior Thesis I NU 490	Associate Professor	2019 - present	Endicott College	3
Senior Thesis II NU 490	Associate Professor	2019 - present	Endicott College	3
Fundamentals of Nursing NU 210	Associate Professor	2016 - 2019	Endicott College	8
Health Assessment Lab NU 230-L	Associate Professor/Clinical Instructor	2016 - 2019	Endicott College	1
Nursing Internship NU 400	Associate Professor/Clinical Instructor	2020	Endicott College	4
Community Health NU 411	Associate Professor/Clinical Instructor	2018 - present	Endicott College	3
Community Health Lab NU 411-L	Associate Professor	2018 - present	Endicott College	3
Nursing Curriculum NUR 505	Associate Professor	2018 – present	Endicott College, MSN Program	3
Nursing Research I NUR 574	Associate Professor	2018 - present	Endicott College, MSN Program	3
Nursing Research II NUR 575	Associate Professor	2020 - present	Endicott College, MSN Program	3

Course Title Course Number	Role	Year	School	Number of Credits
Analysis and Evaluation of Theories NUR 730	Associate Professor	2020 - present	Endicott College, PHD Program	3
Comprehensive Nursing Practice NU 202	Assistant Professor/Clinical Instructor	2013-2015	Regis College ASN Program	11
Concepts and Challenges in Clinical Practice NU 404	Assistant Professor	2014-2016	Regis College ASN Program	3
Adult Nursing Practice NU 102	Assistant Professor/Clinical Instructor	2015-2016	Regis College ASN Program	10
Foundations of Nursing Practice NU 101	Clinical Faculty	2015-2016	Regis College ASN Program	9
Adult Nursing Practice NU 102	Adjunct Clinical Faculty	2012-2013	Regis College ASN Program	9
Health Assessment NU 304	Adjunct Clinical Faculty	2012-2013	Regis College MSN Program	3

PROFESSIONAL MEMBERSHIP

- Current Member, National League for Nursing
- Current Member, Emergency Nurses Association
- Current Member and Treasurer, National Honor Society, Sigma Theta Tau
- Current Member, Eastern Nursing Research Society (ENRS)
- Current Member, Massachusetts/Rhode Island League for Nursing (MARLN)
- Current Membership Committee Member, Massachusetts/Rhode Island League for Nursing (MARLN)
- Past Member, Hallmark Health Research Council

EDITORIAL BOARD

- International Journal of Nursing and Clinical Practices (IJNCP)

MANUSCRIPT REVIEWER

- Research and Theory for Nursing Practice Journal, 2020 - present

MENTORING AND PRECEPTING

- Master's of Science in Nursing, student mentor for:
 - Drexel University
 - Southern New Hampshire University, SNHU
 - Endicott College
 - Framingham State
 - Regis College
 - State University of New York, SUNY
 - Sacred Heart University
- Preceptor for Faculty:
 - Regis College
 - Endicott College
- Bachelor's of Science in Nursing, Student Advisor for minimum of 25 to 60 students per semester, Endicott College

DISSERTATION WORK

- Dissertation Chair: *The Lived Experience of Nurses as Unpaid Patient Caregivers*
- Committee Member: The Prevalence of Post-Traumatic Stress Disorder and Survivor Guilt in Female Breast Cancer Survivors
- Dissertation Chair: Intent to Stay and Calling
- Committee Member: *The Effect of Peer Role-Play on Empathy Development in Nursing Students*
- Committee Member: *Exploring the Experiences of Novice Nurses Caring for Patients with Substance Use Disorders*
- Dissertation Chair: *Delirium in the Critical Care Setting Among Clients with Limited English Proficiency: A Pilot Study*
- Committee Member: The Lived Experiences of Novice Nurses Caring for Patients with Substance Use Disorders: A Hermeneutic Phenomenological Study

COMMUNITY SERVICE

- Guatemala Service Trip, Endicott College and Partners in Development, 2023
- Medical Reserve Corps of Massachusetts
- Haven for Hunger Volunteer
- Endicott College COVID 19 testing center volunteer, 2020-2022
- New England Center and Home for the Veterans, 17 Court Street, Boston, 2014 - present, serving food to the homeless veterans
- Nurse Facilitator for Massachusetts Action Coalition (MAAC) Culture of Health Team School Wellness Initiative, 2019 - present
- Jenk's Senior Center, Winchester, Massachusetts, 2011- present, blood pressure clinics, serving food to the elders, presentations on various topics such as diabetes, proper nutrition, atrial fibrillation, and hypertension
- Girl Scouts of America, Volunteer Leader, trained members in first aid
- Annunciation of the Greek Orthodox Church, presentation on hypertension, 2018
- Haiti Mission Trip in conjunction with Crawford Memorial Church Group, Winchester, Massachusetts, 2016